

## **Hubungan antara Spiritualitas dan *Adversity Quotient* pada Mahasiswa Perguruan Tinggi Negeri X dan Y di Surabaya**

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**Abstract.** *This study aims to determine the relationship between spirituality and adversity quotient in state university students (PTN) X and Y in Surabaya using quantitative research methods with correlational design. The hypothesis in this study is that there is a positive correlation between spirituality and its dimensions (belief in God, search for meaning, mindfulness, feeling of security) and adversity quotient on students of PTN X and Y in Surabaya. Data were obtained by adapting the spirituality questionnaire and adversity quotient scales. The subjects included 205 students. The results showed there was a positive correlation between spirituality and its dimensions (belief in God, search for meaning, mindfulness, feeling of security) with adversity quotient on students of PTN X and Y in Surabaya ( $r = 0.401$ ;  $r = 0.332$ ;  $r = 0.268$ ;  $r = 0.230$ ;  $r = 0.397$  with  $p = 0.000$ ). This shows the higher the spirituality and dimensions of the students, the higher the adversity quotient it has, and vice versa.*

**Keywords:** *adversity quotient, college students, state university, spirituality*

**Abstrak.** *Penelitian ini bertujuan untuk mengetahui hubungan antara spiritualitas dan adversity quotient pada mahasiswa perguruan tinggi negeri (PTN) X dan Y di Surabaya menggunakan metode penelitian kuantitatif dengan desain korelasional. Hipotesis dalam penelitian ini adalah terdapat korelasi positif antara spiritualitas serta dimensi-dimensinya (belief in God, search for meaning, mindfulness, feeling of security) dan adversity quotient pada mahasiswa PTN X dan Y di Surabaya. Data diperoleh dengan mengadaptasi skala the spirituality questionnaire dan adversity quotient. Subjek penelitian adalah 205 mahasiswa. Hasil penelitian menunjukkan terdapat korelasi positif antara spiritualitas serta dimensi-dimensinya (belief in God, search for meaning, mindfulness, feeling of security) dengan adversity quotient pada mahasiswa PTN X dan Y di Surabaya ( $r = 0.401$ ;  $r = 0.332$ ;  $r = 0.268$ ;  $r = 0.230$ ;  $r = 0.397$  dengan  $p = 0.000$ ). Hal ini menunjukkan semakin tinggi spiritualitas dan dimensi-dimensinya yang diperoleh mahasiswa, maka semakin tinggi pula adversity quotient yang dimilikinya, begitupun sebaliknya.*

**Kata kunci:** *adversity quotient, mahasiswa, perguruan tinggi negeri*

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