

ABSTRAK

Mahasiswa dari keluarga *broken home* memerlukan *purpose in life* untuk menjalani hidup yang terarah dan memiliki *goals* yang pasti. Dalam menentukan *purpose in life* pada mahasiswa dari keluarga *broken home* terdapat faktor-faktor yang dapat mempengaruhi *purpose in life*. Penelitian ini dilakukan untuk mengetahui apakah terdapat pengaruh antara *spiritual well-being* terhadap *purpose in life* pada mahasiswa dari keluarga *broken home*. Hipotesis mayor pada penelitian ini menyatakan bahwa terdapat pengaruh antara *spiritual well-being* terhadap *purpose in life* pada mahasiswa dari keluarga *broken home*. Hipotesis minor pada penelitian ini menyatakan bahwa terdapat pengaruh antara dimensi *religious well-being* dan *existential well-being* pada *spiritual well-being* terhadap *purpose in life* pada mahasiswa dari keluarga *broken home*. Penelitian ini adalah penelitian kuantitatif dengan desain korelasional. Subjek penelitian ini berjumlah 49 subjek yang merupakan mahasiswa dari keluarga *broken home* dan diperoleh dengan metode *convenience sampling*. Analisis data pada penelitian ini menggunakan uji regresi yang menunjukkan hasil bahwa *spiritual well-being* berpengaruh terhadap *purpose in life* ($F(1,47) = 7.302$; $p = 0.010$). Total sumbangan efektif sebesar 13,4% ($R^2 = 0.134$). Sedangkan dimensi *religious well-being* pada *spiritual well-being* memiliki peran yang signifikan terhadap *purpose in life* pada mahasiswa dari keluarga *broken home* di Surabaya ($F(1,47) = 8.827$; $p = 0.005$). Sumbangan efektif dimensi *religious well-being* pada *spiritual well-being* terhadap *purpose in life* sebesar 15,8% ($R^2 = 0.158$). Untuk dimensi *existential well-being* pada *spiritual well-being* tidak ditemukan pengaruh yang signifikan terhadap *purpose in life* pada mahasiswa dari keluarga *broken home*. Kesimpulan pada penelitian ini adalah *spiritual well-being* berpengaruh positif terhadap *purpose in life* pada mahasiswa dari keluarga *broken home*.

Kata Kunci: *Spiritual Well-being, Purpose in Life, Mahasiswa, Broken Home*

ABSTRACT

College students from broken home family need to find their purpose in life to live a purposeful life and have definite goals. In order to find purpose in life in college students from broken home family there are several factors that influence purpose in life. This research was conducted to study the role of spiritual well-being towards purpose in life in college students from broken home family. The major hypothesis in this study states that there is significant role of spiritual well-being towards purpose in life in college students from broken home family. The minor hypothesis in this study states that there are significant role of religious well-being and existential well-being dimensions from spiritual well-being towards purpose in life. This research is quantitative study with a correlational design. Subjects in this study were 49 subjects who were college students from broken home family and obtained using convenience sampling methods. Data analysis in this study used single regression test which showed that spiritual well-being played significant roles in purpose in life in college students from broken home family ($F(1,47) = 7.302$; $p = 0.010$). Total effective contribution of spiritual well-being was 13,4% ($R^2 = 0.134$). For the minor hypothesis results showed that religious well-being played significant roles in purpose in life in college students from broken home family ($F(1,47) = 8.827$; $p = 0.005$). Total effective contribution of religious well-being was 15,8% ($R^2 = 0.158$). Existential well-being had no effect on purpose in life. The conclusion in this research is that spiritual well-being played significant roles in purpose in life of a college student from broken home family.

Key Words: *Spiritual Well-being, Purpose in Life, College Student, Broken Home*