



COVID-19

Coronavirus Disease 2019



**KOMPAS
PETANG**

**"PANIC BUYING" BAHAYAKAN TENAGA KESEHATAN
DIBORONG WAJIB PERLOMONG KAPAN KESEHATAN LANGKA**

00:00:28:24

Sadarkah Anda bahwa epidemi ini membawa kita ke

INFODEMIC

TECHNICAL FOCUS: Risk communication and community engagement

Managing the 2019-nCoV 'infodemic'

The 2019-nCoV outbreak and response has been accompanied by a massive "infodemic" - an over-abundance of information - some accurate and some not - that makes it hard for people to find trustworthy sources and reliable guidance when they need it.

Due to the high demand for timely and trustworthy information about 2019-nCoV, WHO technical risk communication and social media teams have been working closely to track and respond to myths and rumours. Through its headquarters in Geneva, its six regional offices and its partners, the Organization is working 24 hours a day to identify the most prevalent rumours that can potentially harm the public's health, such as false prevention measures or cures. These myths are then refuted with evidence-based information. WHO is making public health information and advice on the 2019-nCoV, including myth busters, available on its social media channels (including Weibo, Twitter, Facebook, Instagram, LinkedIn, Pinterest) and website.

baik akurat maupun tidak yang membuat orang

1. Informasi Parsial

**Ketika informasi tersebut benar namun
diberitakan hanya sebagian saja**

**Padahal Infodemic itu sendiri berdampak negatif
pada psikologis manusia**



**5 Tips
mengurangi
kecemasan
akibat
Infodemic**

Kita pasti bisa!



Tip 2 Menyaring Sumber Informasi

- Kita tidak dapat menghentikan langsung infodemic ini. Namun kita dapat mencegahnya mempengaruhi psikis kita.



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Tip 3 Kontrol Waktu Akses Informasi

Menghabiskan waktu terlalu banyak untuk membaca informasi terkait Covid-19 akan membuat kita terlalu fokus dengan masalah tersebut

Batasi waktu membaca informasi.

Contoh:

Membaca berita setelah sarapan dan setelah makan malam



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